



**HAPPY  
LABOR  
DAY**

# Nemo Vista Schools

**September 1<sup>st</sup> – 5<sup>th</sup>**

**BREAKFAST**

<b>Monday</b>	<b>Tuesday</b>	<b>Wednesday</b>	<b>Thursday</b>	<b>Friday</b>
<b>Labor Day No School</b>	Sausage & Biscuit Juice & Fruit Milk Or Cereal Juice & Fruit Milk	French Toast Sticks Baked Ham Juice & Fruit Milk Or Cereal Juice & Fruit Milk	Sausage Gravy Biscuit Juice & Fruit Milk Or Cereal Juice & Fruit Milk	Breakfast Pizza Juice & Fruit Milk Or Cereal Juice & Fruit Milk

**LUNCH**

<b>Monday</b>	<b>Tuesday</b>	<b>Wednesday</b>	<b>Thursday</b>	<b>Friday</b>
<b>Labor Day No School</b>	Hot Dog on WW Bun Chili/Mustard Baked Beans Baby Carrots/Ranch Baked Chips Fresh Fruit Milk	Fajita's Lettuce/Tomatoes Refried Beans Salsa/Chips Fresh Fruit Milk	Hamburger on Bun Lettuce/Tomato/Pickles Baked Beans Oven Fries Fruit Milk	Cheese Sticks Marinara Sauce Tossed Salad-w-Ranch Corn Fresh Fruit Milk



# Nemo Vista Schools

September 8<sup>th</sup> – 12<sup>th</sup>

## BREAKFAST

Monday	Tuesday	Wednesday	Thursday	Friday
Sausage & Biscuit Juice & Fruit Milk Or Cereal Juice & Fruit Milk	Breakfast Pizza Juice & Fruit Milk Or Cereal Juice & Fruit Milk	French Toast Sticks Ham Juice & Fruit Milk Or Cereal Juice & Fruit Milk	Sausage Gravy Biscuit Juice & Fruit Milk Or Cereal Juice & Fruit Milk	Blueberry Muffin Juice & Fruit Milk Or Cereal Juice & Fruit Milk

## LUNCH

Monday	Tuesday	Wednesday	Thursday	Friday
Oven Roasted Chicken Creamed Potatoes Seasoned Green Beans Fruit Whole Wheat Roll Milk	Ham/Cheese Sandwich Lettuce/Pickles Tomato Slice Carrot Sticks/Ranch Baked Chips Fresh Fruit Milk	Taco Salad Lettuce/Tomatoes Salsa Pinto Beans Fruit Milk	Chicken Sandwich Lettuce/Pickles Tomato Slice Baked Beans Oven Fries Fresh Fruit Milk	Pepperoni Pizza Tossed Salad/Ranch Seasoned Corn Fresh Fruit Milk



# Nemo Vista Schools

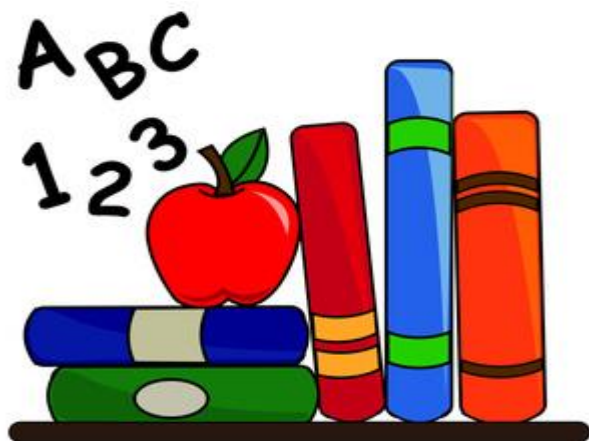
September 15<sup>th</sup> – 19<sup>th</sup>

## BREAKFAST

Monday	Tuesday	Wednesday	Thursday	Friday
Sausage & Biscuit Juice & Fruit Milk Or Cereal Juice & Fruit Milk	Breakfast Pizza Juice & Fruit Milk Or Cereal Juice & Fruit Milk	French Toast Sticks Baked Ham Juice & Fruit Milk Or Cereal Juice & Fruit Milk	Sausage Gravy Biscuit Juice & Fruit Milk Or Cereal Juice & Fruit Milk	Blueberry Muffin Juice & Fruit Milk Or Cereal Juice & Fruit Milk

## LUNCH

Monday	Tuesday	Wednesday	Thursday	Friday
Chicken Strips Creamed Potatoes Seasoned Green Beans Whole Wheat Roll Fruit Milk	Hot Dog on WW Bun Chili/Mustard Carrot Sticks/Ranch Baked Beans Baked Chips Fresh Fruit Milk	Nacho Supreme Lettuce/Tomatoes Refried Beans Salsa Fresh Fruit Milk	Hamburger on Bun Lettuce/Tomato/Pickles Oven Fries Cowboy Cookie Fruit Milk	Sausage Pizza Tossed Salad/Ranch Seasoned Corn Fresh Fruit Milk



# Nemo Vista Schools

September 22<sup>nd</sup> – 26<sup>th</sup>

## BREAKFAST

Monday	Tuesday	Wednesday	Thursday	Friday
Sausage & Biscuit Juice & Fruit Milk Or Cereal Juice & Fruit Milk	Breakfast Pizza Juice & Fruit Milk Or Cereal Juice & Fruit Milk	French Toast Sticks Baked Ham Juice & Fruit Milk Or Cereal Juice & Fruit Milk	Sausage Gravy Biscuit Juice & Fruit Milk Or Cereal Juice & Fruit Milk	Blueberry Muffin Juice & Fruit Milk Or Cereal Juice & Fruit Milk

## LUNCH

Monday	Tuesday	Wednesday	Thursday	Friday
Fajita/s Lettuce/Tomatoes Salsa/Chips Pinto Beans Fruit Milk	Ham/Cheese Sandwich Lettuce/Pickles Tomato Slice Carrot Sticks/Ranch Baked Chips Fresh Fruit Milk	Roast-w-Gravy Creamed Potatoes Seasoned Green Beans Fruit Whole Wheat Roll Milk	Chicken Sandwich Lettuce/Tomato/Pickles Carrot Sticks-w-Dip Baked Chips Fresh Fruit Milk	Cheese Sticks Marinara Sauce Tossed Salad/Ranch Seasoned Corn Fresh Fruit Milk



# Nemo Vista Schools

September 29<sup>th</sup> – October 3<sup>rd</sup>

## BREAKFAST

Monday	Tuesday	Wednesday	Thursday	Friday
Sausage & Biscuit Juice & Fruit Milk Or Cereal Juice & Fruit Milk	Breakfast Pizza Juice & Fruit Milk Or Cereal Juice & Fruit Milk	French Toast Sticks Baked Ham Juice & Fruit Milk Or Cereal Juice & Fruit Milk	Sausage Gravy Biscuit Juice & Fruit Milk Or Cereal Juice & Fruit Milk	Blueberry Muffin Juice & Fruit Milk Or Cereal Juice & Fruit Milk

## LUNCH

Monday	Tuesday	Wednesday	Thursday	Friday
Chicken Nuggets Creamed Potatoes Seasoned Green Beans Fruit Whole Wheat Roll Milk	Spaghetti/Meat Sauce Cheese Stick Purple Hull Peas Bread Sticks Fruit Milk	Taco Salad Lettuce/Tomato Salsa Pinto Beans Fresh Fruit Milk	Hamburger on WW Bun Lettuce/Tomato/Pickle Baked Beans Oven Fries Fresh Fruit Milk	Pepperoni Pizza Tossed Salad/Ranch Seasoned Corn Fresh Fruit Milk